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Photo Guidance

Photographs are critical in determining if you are a good candidate for surgery. It is important that you upload good quality photos that adequately demonstrate the areas of concern. You will not be considered for a virtual consultation if your photos are missing or inadequate. Below are some tips for providing good quality photos:

- Provide proper lighting
- Photos against a solid color wall are preferred but not required
- The best quality photos are taken by another person. **Please do not submit “selfies”** as they often have poor lighting, poor angles, or do not adequately show the areas of concern. You can also use your own self timer on your phone.
- Photos should be recent.

Photo views to submit:

1. Front view
2. Side View Right
3. Side View Left
4. Diagonal View
5. Posterior/Back